

The entire page is framed by a decorative border of hand-drawn seashells and starfish in teal and gold colors. The shells vary in shape and size, including spiral, bivalve, and nautilus-like forms. Starfish are scattered throughout the border. Small circles, possibly representing bubbles or sand, are also interspersed among the larger illustrations.

# The Nab

*Bar & Eatery*

## MAIN MENU



TABLE ORDERING  
AVAILABLE...  
*Scan to order*



## STARTERS

**Garlic Bread**  398 kcal 4.95

**Mac and Cheese**

**Bites**  510 kcal

Served with a spicy tomato ketchup. 6.95

**Southern Fried Crispy Chicken Strips** 432 kcal

Lightly coated, seasoned chicken fillet strips with sweet chilli and honey BBQ dips. 8.15

**Mozzarella Dippers**  589 kcal

Served with a rich tomato and basil sauce, and garlic mayo. 6.95

**Garlic Mushrooms**  420 kcal

Served with garlic mayo. 6.45

**Crispy Panko Coated Calamari** 534 kcal

Served with sweet chilli jam and garlic mayo. 7.45

**Cheese Nachos**  1348 kcal

(Serves 2)

Smothered in guacamole, jalapeños, salsa, sour cream and cheese. 9.95

 **Vegan option available**

• HALF BOARD SUPPLEMENT 3.00

**BBQ Wings** 609 kcal

Sticky BBQ chicken wings with BBQ dip. 8.70

**Spicy Wings** 588 kcal

Spicy chicken wings covered in Frank's Xtra Hot Sauce. 8.70

## SANDWICHES

*Served with dressed salad leaves.*

**Ham and Cheese Croque**

**Monsieur** 416 kcal

Our twist on the classic French Croque Monsieur. A grilled cheese topped sandwich filled with ham, cheddar and a delicious cheese sauce. 7.45

**Cheese and Tomato Croque**

**Monsieur**  380 kcal

A grilled cheese topped sandwich filled with tomato, cheddar and a delicious cheese sauce. 7.45

**Chicken and Pesto Panini** 525 kcal

Baked panini filled with marinated chicken, cheese and our favourite pesto dressing. 7.45

**Chicken, Chorizo and Roasted Pepper Panini** 503 kcal

Baked panini filled with marinated chicken, cheese, chorizo and roasted red peppers. 7.45

**Mozzarella Pesto and Sun-Dried Tomato**

**Panini**  523 kcal

Baked panini filled with cheese and our favourite pesto dressing and sun-dried tomatoes. 7.45

## BURGERS

*Served in a toasted bun with chips.*

**Hamburger** 1295 kcal

A juicy beef burger with crispy lettuce, sliced beef tomato and burger sauce. 12.95

**Cheeseburger** 1389 kcal

A juicy beef burger topped with melted Cheddar cheese, lettuce, beef tomato and burger sauce. 13.95

**Bacon Cheeseburger** 1518 kcal

A juicy beef burger with melted Cheddar cheese, crispy bacon, fresh lettuce, beef tomato and burger sauce. 14.45

**Mexican Burger** 1346 kcal

A juicy beef burger with jalapeños, guacamole and melted Cheddar cheese. 15.45

**BBQ Pulled Pork Burger** 1541 kcal

Tender pulled pork with BBQ sauce and melted cheese. 15.95

• HALF BOARD SUPPLEMENT 2.00

**'Chick\*n' Burger**  1294 kcal

A fried vegan 'chick\*n' burger served with garlic mayo and BBQ sauce. 14.95

## SIDES

**Chips**  404 kcal 3.95

**Onion Rings**  382 kcal 4.45

**Garlic Bread**  398 kcal 4.95

## MAINS

**Crispy Chicken Strips** 1001 kcal

Tender chicken strips served with fries, coleslaw and honey BBQ and sweet chilli dips. 14.20

**Chicken Wings** 1185 kcal

Crispy chicken wings served with chips, coleslaw, sweet BBQ sauce and Frank's Xtra Hot Sauce. 14.20

**Chef's Tuna Salad** 242 kcal

Mixed salad leaves, tomato, cucumber, peppers and sweetcorn with French dressing, topped with tuna chunks. 12.95

**Penne Arrabbiata**  522 kcal

Penne pasta in a rich, spiced tomato sauce. 12.85

**Fish and Chips** 1001 kcal

Battered white fish with chips, peas and tartare sauce. 15.25

## PIZZAS

**Margherita**  957 kcal

Rich tomato base topped with grated mozzarella. 13.45

**Pepperoni** 967 kcal

Rich tomato base topped with grated mozzarella and loads of pepperoni. 14.95

**Salami** 968 kcal

Rich tomato base topped with mozzarella and salami. 14.95

**BBQ Chicken and Bacon** 935 kcal

BBQ base topped with tender chicken, bacon and grated mozzarella. 14.95

**Vegan Margherita**  794 kcal

Rich tomato base topped with dairy free cheese. 13.45

## DESSERTS

**Salted Caramel**

**Waffle**  772 kcal 7.50

**Chocolate Fudge**

**Brownies**  690 kcal 7.50

**Chocolate and Orange**

**Cake**  492 kcal 7.50

**Knickerbocker**

**Sundae**  657 kcal 7.50

**Millionaire's**

**Sundae**  814 kcal 7.00

**Sticky Toffee**

**Pudding**  538 kcal 6.60

 **Suitable for vegetarians**  **Suitable for vegans**

Calories shown are per serving. Each dish is one serving unless otherwise stated. Adults need around 2000 kcal a day. Allergen menus are available on request. Please inform your server of any allergies or intolerances before you order. Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens. All menu items may contain ingredients not listed in the menu description. Weights are approximate and uncooked. Some meat/fish dishes may contain small bones. Menu items are subject to availability. All prices include VAT. All card and cash tips are shared out to all employees through a system controlled by a team representative. No monies are deducted by Away Resorts. Tips are paid on top of a team member's wage. If you have any queries about how tips are distributed, please ask.

**If you have a food allergy, intolerance or coeliac disease, please speak to a team member about the ingredients in your food and drink before you order. Thank you.**

