

Menu

LIFESTYLE AND ALLERGEN

GLUTEN INTOLERANT

STARTERS

Garlic Bread  398 kcal **5.20**
Toasted gluten free bread with garlic.

Cheese Nachos  (Serves 2) 1348 kcal
Smothered in guacamole, jalapeños, salsa, sour cream and cheese. **10.45**

BBQ Wings 609 kcal
Sticky BBQ chicken wings with BBQ dip. **9.15**

MAINS

Chicken Wings 1001 kcal
Crispy chicken wings served with chips, coleslaw, sweet BBQ sauce and Frank's Xtra Hot Sauce. **14.90**

Chef's Tuna Salad 242 kcal
Mixed salad leaves, tomato, cucumber, peppers and sweetcorn with French dressing, topped with tuna chunks. **13.60**

Penne Arrabbiata  522 kcal
Penne pasta in a rich, spiced tomato sauce. **13.50**

Margherita Pizza  957 kcal
Rich tomato base topped with grated mozzarella. **14.10**

BLT Roll 985 kcal
A gluten free roll piled high with back bacon, lettuce, tomato and mayo, served with chunky chips. **12.10**

SIDES

Chips  404 kcal **4.15** **Side Salad**  50 kcal **4.80**

Garlic Bread  398 kcal **5.20**

DESSERTS

Chocolate Fudge Brownies  690 kcal
Goopy chocolate brownies with a delicious melt-in-the-middle centre, served with vanilla ice cream. **7.50**

Knickerbocker Sundae  657 kcal
Vanilla ice cream layered with raspberry, strawberry, meringue and whipped cream, with a flake and a cherry on the top. A true classic! **7.50**

Ice Cream 
Three scoops of your favourite dairy free flavour or enjoy a mixture! **6.50**
Choose from:
Chocolate 255 kcal *Strawberry* 241 kcal *Vanilla* 237 kcal

Sorbet 
Three scoops of your favourite flavour or enjoy a mixture! **6.50**
Choose from:
Raspberry 209 kcal *Lemon* 209 kcal *Mango* 209 kcal

DAIRY INTOLERANT

STARTERS

Garlic Bread  398 kcal **5.20**

Vegan Nachos  (Serves 2) 351 kcal
Smothered in guacamole, jalapeños, salsa and dairy free cheese. **10.45**

BBQ Wings 609 kcal
Sticky BBQ chicken wings with BBQ dip. **9.15**

MAINS

'Chick*n' Burger  1294 kcal
A fried vegan 'chick*n' burger served with garlic mayo, BBQ sauce and chips. **15.70**

Vegan Margherita Pizza  794 kcal
Rich tomato base topped with dairy free cheese. **14.10**

SIDES

Chips  404 kcal **4.15** **Side Salad**  50 kcal **4.80**

Garlic Bread  398 kcal **5.20**

DESSERTS

Sticky Toffee Pudding  538 kcal
Moist sponge drenched in toffee sauce, served with dairy free ice cream. **6.95**

Ice Cream 
Three scoops of your favourite dairy free flavour or enjoy a mixture! **6.50**
Choose from:
Chocolate 255 kcal *Strawberry* 241 kcal *Vanilla* 237 kcal

Sorbet 
Three scoops of your favourite flavour or enjoy a mixture! **6.50**
Choose from:
Raspberry 209 kcal *Lemon* 209 kcal *Mango* 209 kcal

Kids Menu



GLUTEN INTOLERANT

Starters

Perfect for a quick nibble, or for those with a smaller appetite.

Rainbow Sticks  34 kcal
Fresh carrot, cucumber and red pepper. Lucy's favourite snack and one of your 5-a-day! **1.00**

Mains

Yummy meals for rumbly tummies! Served with your choice of peas, beans or sweetcorn.

Pastacadabra  234 kcal
Gluten free pasta tubes in a magic tomato and garlic sauce. **5.50**

Desserts

Got a sweet tooth? Then we've got just the thing!

Chunky Chocolate Brownie  327 kcal
Chocolate and vanilla ice cream, with fudgy brownie pieces and chocolate sauce. **4.50**

Scratch's Strawberry Sundae  255 kcal
Vanilla ice cream with fresh strawberries, sauce and cream. **4.50**

Fizzy Fruit and Sorbet  133 kcal
Seasonal fresh fruit with orange sorbet. **3.50**

Ice Cream 
Two scoops of your favourite dairy free flavour or enjoy a mixture! **3.50**
Choose from:
Chocolate 170 kcal *Strawberry* 160 kcal *Vanilla* 158 kcal

DAIRY INTOLERANT

Starters

Perfect for a quick nibble, or for those with a smaller appetite.

Rainbow Sticks  34 kcal
Fresh carrot, cucumber and red pepper. Lucy's favourite snack and one of your 5-a-day! **1.00**

Crunchy Garlic Bread  218 kcal **2.00**

Mains

Yummy meals for rumbly tummies! Served with your choice of peas, beans or sweetcorn.

Bear's Banging Beef Burger 673 kcal
A juicy beef burger, served in a bun with fries and ketchup. **6.50**

Pirate Jenny's Fish Fingers and Chips 476 kcal
Breaded fish goujons, served with fries and ketchup. **6.50**

Pastacadabra  234 kcal
Pasta tubes in a magic tomato and garlic sauce. **5.50**

Desserts

Got a sweet tooth? Then we've got just the thing!

Fizzy Fruit and Sorbet  133 kcal
Seasonal fresh fruit with orange sorbet. **3.50**

Ice Cream 
Two scoops of your favourite dairy free flavour or enjoy a mixture! **3.50**
Choose from:
Chocolate 170 kcal *Strawberry* 160 kcal *Vanilla* 158 kcal

Meal Deal
9.95



Monster Meal Deal

Choose a starter, main, dessert and drink for only 9.95.

Choose your drink:

Pip Organic Juice 77 kcal
Apple juice 94 kcal
Pepsi Max 2 kcal
Lemonade 5 kcal

Orange juice 94 kcal
Milk 90 kcal
Diet Pepsi 2 kcal



If you have a food allergy, intolerance or coeliac disease, please speak to a team member about the ingredients in your food and drink before you order. Thank you.

V Suitable for vegetarians **Vg Suitable for vegans**

Calories shown are per serving. Each dish is one serving unless otherwise stated. Adults need around 2000 kcal a day. Please inform your server of any allergies or intolerances before you order. Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens. All menu items may contain ingredients not listed in the menu description. Weights are approximate and uncooked. Some meat/fish dishes may contain small bones. Menu items are subject to availability. All prices include VAT. All card and cash tips are shared out to all employees through a system controlled by a team representative. No monies are deducted by Away Resorts. Tips are paid on top of a team member's wage. If you have any queries about how tips are distributed, please ask.

