

## BREAKFAST

# Get your day off to the perfect start with a classic cooked breakfast.

#### Traditional Breakfast 1201 kcal

Two rashers of bacon, two sausages, a free-range egg, beans, mushrooms, fresh tomato, hash browns and toast.	10.50
<b>Vegetarian Breakfast ()</b> 717 keal Two Quorn Best of British sausages, a free-range egg, fresh tomato, beans, mushrooms, hash browns and a choice of white or brown toast or fried bread.	7.90
<b>Small Breakfast</b> 813 kcal One rasher of bacon, one sausage, free-range egg, beans, hash brown and a choice of white or brown toast.	7.90
<b>Plant Based Breakfast</b> (26 656 kcal Roasted peppers, vegan sausages, mushrooms, sautéed potatoes, beans and a choice of white or brown toast.	8.40

## EXTRAS

#### Add any of these for £1.10 💟

 Mushrooms
 240 kcal
 Tomato
 17 kcal
 Hash brown
 237 kcal

 Baked beans
 138 kcal
 Fried egg
 131 kcal
 Poached egg
 131 kcal

#### Add any of these for £1.60

Bacon 173 kcal | Sausage 276 kcal | Vegan sausage 🚾 138 kcal

## EGGS

# A selection of dishes that make the most of this versatile breakfast staple

#### Eggs Benedict 858 kcal

A traditional English breakfast muffin topped with cured ham, two free-range poached eggs and a creamy hollandaise sauce. **8.50** 

#### Eggs Florentine 🕐 858 kcal

A traditional English breakfast muffin topped with spinach, tw free-range poached eggs and a creamy hollandaise sauce.	o <b>7.90</b>
<b>Eggs On Toast </b> 545 kcal Keep it simple. Eggs cooked your way, served on white or brown toast.	5.50
Ham and Cheese Omelette 734 kcal Three egg omelette filled with ham and cheese, served with toast and butter.	8.00
<b>Cheese and Mushroom Omelette </b> 690 kcal Three egg omelette filled with spinach, mushroom and cheese, served with toast and butter.	7.60
cheese, served with toast and butter.	7.60

## LIGHTER OPTIONS

#### Prefer a lighter start to the day? We've got you covered!

<b>Granola Pot V</b> 399 kcal Fruit and yoghurt bowl topped with a crunchy granola.	5.50
<b>Cereals </b> A bowl of your favourite cereal with your choice of semi skimmed or soya milk. Choose from:	2.65
Cornflakes 🔮 127 kcal   Rice Crispies 🔮 121 kcal   Crunchy Nut Cornflakes 🕑 176 kcal   Special K 👽 149 kcal	

### BAPS

#### Soft, fluffy rolls with your choice of delicious fillings.

#### **Breakfast Baps**

4.75

Gluten free option available. Choose from: Bacon 512 kcal | Sausage or Gluten Free Sausage 547 kcal Vegan sausage 🐨 428 kcal | Egg 💟 435 kcal

## SWEET TREATS

Who says you can't have sweet things at breakfast? Not us!

Pancake Stack with Maple Syrup 🕐 385 kcal	5.80
Pancake Stack with Fresh Fruit 🕐 395 kcal	7.35
Pancake Stack with Bacon and Maple Syrup 538 kcal	8.40
Pancake Stack with Nutella 🔮 465 kcal	5.70
<b>Sweet Waffle Breakfast ()</b> 666 kcal A warm Belgian waffle topped with back bacon, fried free-range egg and maple syrup.	7.90
Croissant and Jam 🕐 277 kcal	3.30
Pain au Chocolat 🕐 208 koal	3.30

## SMALLER APPETITES

Because not everyone fancies a full cooked breakfast first thing in the morning!

Sausage, Egg and Beans 348 keal	4.75
Bacon, Egg and Beans 273kcal	4.75
Poached Eggs On Toast 🕐 545 kcal	3.30
Beans On Toast 🕐 545 kcal	3.30
Smashed Avocado On Toast 😯 674 kcal	7.15
Toast and Jam 😯 419 kcal	2.40
Toasted Teacake 🕜 340 kcal	3.30
Toasted Crumpet 🕜 282 kcal	3.30

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#### 🕐 Suitable for vegetarians 🛛 🔞 Suitable for vegans

Calories shown are per serving. Each dish is one serving unless otherwise stated. Adults need around 2000 kcal a day. Allergen menus are available on request. Please inform your server of any allergies or intolerances before you order. Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens. All menu items may contain ingredients not listed in the menu description. Weights are approximate and uncooked. Some meat/fish dishes may contain small bones. Menu items are subject to availability. All prices include VAT. All card and cash tips are shared out to all employees through a system controlled by a team representative. No monies are deducted by Away Resorts. Tips are paid on top of a team member's wage. If you have any queries about how tips are distributed, please ask.