



The **RETREAT**





FACIALS

Take time for yourself and let your stresses melt away.



Eve Taylor Intensive Facial

55mins £72

Intensively replenishes depleted moisture levels in dry/dehydrated skin which immediately restores softness, suppleness, comfort and radiance.

Eve Taylor Skin Quenching Facial

55mins £72

Restore the youthful glow to your skin with our skin quenching facial. Plumps the skin and softens fine lines with moisture infusing hydrators.

Eve Taylor Winter Rescue Facial

55mins £72

This will relieve your skin from redness and irritation and dryness. With the warmth of steam towels and nutrient rich oatmeal your skin will be left soothed, hydrated and nourished.



Eve Taylor Express Facial

25mins £38

Oily, congested, sensitive...

Whatever your skin condition, this customised treatment will rebalance and coax it back to it's natural radiant self.



Eve Taylor Ultra Bright Facial

55mins £72

Illuminate and brighten dull, lacklustre, pigmented skin. Professional resurfacing smoothes and softens the skin ready for the infusion of Vitamin C rich serums and speciality masques. Then moisturiser protects and re-energises leaving the skin flawlessly radiant.

Teen Facial

25mins £32

A treatment designed for teenagers to advise on their skincare needs. This mini facial is tailored to their skin type. Available for 12-16 year olds.



BODY TREATMENTS



Purifying Back Treatment

30mins £42

Using purifying essential oils to deep cleanse and unclog the skin, this treatment targets a problematic back area. Zoning in on breakouts to help clear blemishes with powerful fruit acids while our detoxifying seaweed mask deep cleanses the skin.

Relaxing Back Treatment

45mins £55

Soothe stress and tension and improve skin softness with exfoliation, massage, warm back masque and hydrating moisturiser.

Anti-Cellulite Treatment

45mins £55

With essential oils to help eliminate toxins, caffeine based mask to remove excess fluid and scientifically proven moisturiser to put fat cells on a diet, this treatment can kick start your way to smoother healthier skin. For best results combine this treatment with exercise, improved diet and regular homecare routine.

Legs, Bum & Tum Detox Treatment

60mins £72

Flush and cleanse with our expert massage techniques combined with a blend of pure essential oils formulated to warm, stimulate and eliminate toxins, leaving the skin smoother, fresher and more vibrant. A final cooling body mask infused with natural botanicals enhances the results.

Skin Smoothing Salt Scrub

30mins £42

Relax while the dull, dry skin is buffed away using finely ground sea salt infused with essential oils of jasmine and ylang ylang. Moisturiser is added to finish off the treatment leaving your skin soft, smooth and hydrated.



MASSAGE TREATMENTS



Full Body Massage

55mins £75

Relax, unwind and drift away with our full body massage. This treatment will allow your mind to switch off from everyday stresses

Full Body with Face & Scalp

65mins £85

With a face and scalp massage to add to the experience of your full body massage, you can truly relax at The Retreat.

Back, Neck & Shoulder Massage

25mins £38

Instantly relax areas of the back, neck and shoulders where tension accumulates. Stresses are dissolved with this massage leaving you refreshed and invigorated.

Indian Head Massage

35mins £45

A relaxing treatment which as the name suggests concentrates on massaging the head. Head, shoulders and scalp massage can be used alongside simple meditative techniques to provide a simple and effective way to relax.

Aromatherapy Massage or Aromatherapy Back Massage

55mins £80 | back 25mins £45

Choose to relax, stimulate or detoxify your body with one of our heavenly full body massages with warmed aromatic oils to leave your body renewed and energised.

Hot Stones Massage

60mins £80

Deeply relaxing and uniquely personalised hot stone massage that gently releases tension, soothes aching muscles, eliminates toxins and calms the mind and body.

Hot Stone, Back, Neck & Shoulder Massage

30mins £48

This relaxing massage targets tense muscles in your back, neck and shoulders, leaving you refreshed and invigorated.





MANICURES & PEDICURES

File & Paint

(For hands and feet)

£22

Nail reshape, finished with a Jessica colour of your choice.

Gel Soak Off

£15

Hand & Rescue Treatment

£28

Relieve hands from dryness with nutrient rich oatmeal and lipid rich botanicals leaving hands feeling silky soft and moisturise.

Jessica GELeration

A fabulous gel finish for a long-lasting manicure

Jessica GELeration Gel Overlays

£45

Relax while we look after your cuticles and prepare your nails to finish with the Jessica colour of your choice.

Gel Soak Off and New Application

£50

JESSICA NAIL TREATMENTS

Treat yourself to a nail treatment using our luxury Jessica range.

Jessica Manicure or Pedicure

£40

Upgrade to a French polish for £5 extra Or treat yourself to a manicure and pedicure for £70

Jessica Deluxe Manicure

£50

Treatment includes anti-aging Le Remedi system, prescriptive manicure, cuticle treatment, heated mittens, massage, file and polish.

Jessica Deluxe Pedicure

£50

A complete treat for your feet. Skin softened in heated booties then gently buffed before a soothing soak and scrub, cuticle treatment, massage, heal repair cream and file and polish.

Kids Polish

£10

Available for children aged 5 to 10 years old.



OTHER SERVICES



Waxing

| | |
|------------------------|-----|
| Eyebrow shape..... | £10 |
| Eyebrow tidy..... | £8 |
| Chin..... | £5 |
| Upper lip..... | £5 |
| Underarm..... | £10 |
| Bikini..... | £15 |
| Half leg..... | £18 |
| Full leg..... | £24 |
| Back..... | £30 |
| Half leg & bikini..... | £30 |
| Full leg & bikini..... | £35 |

Eyelashes & Eyebrows

| | |
|---------------------------------|-----|
| Eyeshadow..... | £15 |
| Eyebrow tint..... | £10 |
| Eyeshadow and eyebrow tint..... | £20 |

Please ask a member of The Retreat team for more information.



TREAT YOURSELF

Time Out Package

120mins £130

Combining our most popular facial and body treatment we offer you a luxury facial from the Eve Taylor range designed specifically to suit your individual skin type. Followed by our detoxifying full body massage to release stress and allow yourself to unwind in our tranquil environment.

Revitalising Package

60mins £75 | Couples package £130

Refresh and boost your skin with an Eve Taylor essential facial specifically designed to suit your skin type. Followed by a relaxing back, neck and shoulder massage, this package will leave you feeling relaxed and revived.

Holiday Package

75mins £85

Get holiday ready with a full body skin smoothing salt scrub and finished off with a hand and foot file and polish. Choose a colour from our Jessica range.



FOR HIM



Express Facial Skin Treatment

25 mins £38

A quick refreshing face treatment to leave you relaxed and with fresh, vibrant skin.

Revitalising Foot Treatment

40 mins £35

Relieve those tired feet with a hard skin scrub and soak, nail file and relaxing foot massage to finish. This treatment is sure to leave you floating.

Revitalising Package

60mins £75 | Couples package £130

Refresh and boost your skin with an Eve Taylor essential facial specifically designed to suit your skin type. Followed by a relaxing back, neck and shoulder massage, this package will leave you feeling relaxed and revived.





Go on, pamper yourself...

To book your appointment, pop in or call **01425 651 222**
email sandyballsbeautytherapy@awayresorts.co.uk

Open 7 days a week | 10am - 4pm



The **RETREAT**

Sandy *Balls*