BREAKEAST NIENU

LIGHTER **OPTIONS**

Prefer a lighter start to the day? We've got you covered!

Granola Pot V 399 kcal

Fruit and yoghurt bowl topped 5.80 with a crunchy granola.

Cereals •

A bowl of your favourite cereal with your choice of semi skimmed or soya milk.

2.65 Choose from:

Cornflakes V 127 kcal

Rice Crispies V 121 kcal

Crunchy Nut Cornflakes V 176 kcal

Special K V 149 kcal

SMALLER APPETITES

Because not everyone fancies a full cooked breakfast first thing in the morning!

Sausage, Egg 5.00 and Beans 348 kgal

Bacon, Egg and Beans 273kcal 5.00

Beans On Toast V 545 kcal 3.50

Toast and Jam @ 419 kcal 2.50

Toasted Teacake 1340 kcgl 3.50

Toasted Crumpet @ 282 kcal 3.50

BAPS

Soft, fluffy rolls with your choice of delicious fillings.

Breakfast Baps

5.00

Gluten free option available.

Choose from:

Bacon 512 keal

Sausage or Gluten Free Sausage 547 kcal

Vegan sausage VG 428 kcal

Egg **V** 435 kcal

SWEET TREATS

Who says you can't have sweet things at breakfast? Not us!

Pancake Stack with Maple Syrup **385** kcal 6.00

Pancake Stack with Fresh Fruit V 395 kcal 7.60

Pancake Stack with Bacon and Maple Syrup 538 kcal 8.95

Pancake Stack with Nutella V 465 kcal 6.00

Sweet Waffle 8.40 Breakfast V 666 kcal

A warm Belgian waffle topped with back bacon, fried free-range egg and maple syrup.

Croissant and Jam V 277 kgal 3.50

Pain au Chocolat V 208 kcal 3.50



