# The Rab Bar & Eaterry

**NEW for 2024** Try our deliciously moreish and sticky glaze made with our very own Axle Jack gin. *Look out for the Axle Jack symbol* throughout our menus and tuck into an irresistible selection of iconic dishes featuring our special smoky and sweet glaze.



Red Tractor is an independent not-for-profit food and farm assurance scheme ensuring the food you choose is safe, traceable and farmed with care. By choosing food with the Red Tractor logo you can be sure that it has been produced in the UK to world-leading standards and is traceable back to farms. For more information, please go to redtractor.org.uk.

No monies are deducted by Away Resorts. Tips are paid on top of a team member's wage. If you have any queries about how tips are distributed, please ask.



If you have a food allergy, intolerance or coeliac disease, please speak to a team member about the ingredients in your food and drink before you order. Thank you.



# **STARTERS**

### Axle Jack Chicken Strips 382 kcal

Lightly coated, seasoned chicken fillet strips, tossed in our sweet and spicy Axle Jack glaze on a bed of dressed salad with pickled red onion and chillies.



### Prawn Cocktail 531 kcal

Shredded lettuce topped with Atlantic prawns in a Marie Rose sauce, served with brown bread and lemon.	6.55
Garlic Bread 😯 409 kcal	4.75
Cheesy Garlic Bread 🛈 617 kcal	5.25
<b>Soup of the Day</b> 513 kcal  Ask the team for today's flavour. Served with fresh bread.	5.25
Creamy Garlic Mushrooms & 458 kcal Rich and creamy garlic mushrooms served on a toasted ciabatta.	7.15

### BBQ Wings 645 kcal

Sticky BBQ chicken wings with BBQ dip. 3 for **6.45** | 6 for **8.45** 799 kcal

### **Spicy Wings**

Spicy chicken wings covered in Frank's Xtra Hot Sauce.

3 for **6.45** | 6 for **8.45** 





Nachos V (Serves 2-3) 442 kcal

Smothered in guacamole, jalapeños, salsa, sour cream and cheese. Take it to the next level with pulled pork or Cajun chicken. 9.95 3.00 Half board supplement

Add Pulled Pork 216 kcal 4.75

Add Cajun Chicken 114 kcal 3.15

Vegan Nachos (Serves 2-3) 351 kcal

Smothered in guacamole, jalapeños, salsa and dairy free cheese. 9.95 • Half board supplement 3.00

# SIDES

Skinny Fries 🕏 438 kcal	3.70
Chunky Chips 😯 404 kcal	3.70
Onion Rings 🕡 382 kcal	3.70
Garlic Bread 🚱 409 kcal	4.75
Cheesy Garlic Bread 👽 617 kcal	5.25
Mixed Leaf Salad 🚱 50 kcal	4.75

# **SANDWICHES** & WRAPS

DEAL 12.00°

8.05

### Southern Fried Chicken Wrap 778 kcal

Lightly coated, seasoned chicken fillet strips, crunchy lettuce and mavo. 9.45 all wrapped in a soft tortilla.

### **BBQ Pulled Pork Ciabatta** 738 kcal

A fresh ciabatta bursting with tender BBQ pulled pork, melted cheese and coleslaw

**Triple Cheese Toastie 5**93 *kcal* 

A delicious trio of melted cheese. 7.00

### Cheese and Ham Toastie 643 kcal

The classic toastie, combining melted cheese and tender ham. 7.90

Falafel Wrap 🕝 391 kcal

Falafel wrap with guacamole, salsa, 9.00 served with dressed salad.

Tuna Melt 688 kcal

Tuna mixed with red onion. peppers and mayonnaise, topped with cheese on a toasted ciabatta.

Add chips 405 keal for only 1.60

# BURGERS

All served with chunky chips.

### The Cock 'n' Bull Burger 1748 kcal

Chargrilled chicken breast and juicy beef burger sandwiched between crispy bacon and topped with Love melted cheddar cheese, BBQ sauce, onion rings, lettuce, beef tomato and burger sauce.

17.30

. .

· Half board supplement

### **Inferno Burger** 1494 kcal

Spicy and delicious! Chargrilled beefburger topped with melted mozzarella cheese, chilli jam, jalapeños, chillies, lettuce, beef tomato and 14.20 burger sauce.

• Half board supplement

### Classic Cheeseburger 1394 kcal

Chargrilled beef burger topped with melted cheddar cheese, lettuce, beef tomato and burger sauce.

House Burger 1197 kcal

A juicy beef burger with crispy lettuce, sliced beef tomato and burger sauce. 12.60

### Chick'n Burger 1294 kcal

A fried vegan chick'n burger served with garlic mayo, lettuce 13.75 tomato and BBQ sauce.

# **MAINS**

### Hunters Chicken Stack 1143 kcal

Succulent chicken breast and crispy bacon, covered in melted cheddar cheese and BBQ sauce, served with chips and coleslaw.

### Crispy Chicken Strips 1001 kcal

Sausage and Mash 953 kcal

Three Lincolnshire sausages served with creamy mashed potato, seasonal vegetables and gravy. 9.95 Quorn Sausages also available **V** 

# Rump Steak 842 kcal

17.55

Add Peppercorn Sauce 46 kcal 3.15 Add Axle Jack Glaze 84 kg 3.15 Half board supplement

### Caesar Salad V 714 kcal

Add Sliced Chicken Breast 259 kcal 3.15 Add Vegan Fried Chick'n Va 181 kcal 3.30

### Balti Pie Va 932 kca

14.20

13.65

13.65

14.20

1.60

1.60

1.60

4.75

1.60

1.60

1.60

14.75

11.35

### Cajun Chicken Fajitas 1104 kcal

Marinated chargrilled chicken, on a bed of sizzling onions and peppers. Served with a selection of dips and soft tortillas to wrap everything up! **15.25** 



Fish and Chips 1001 kg Add Bread and Butter 281 kca

Add Curry Sauce 53kd

15.25 1.00 1.00

15.25

2.00

3.50

9.95

# PIZZAS

### Margherita V 1159 kcal

Rich tomato base topped with grated mozzarella.

Vegan Margherita **W** 925 kcal

Rich tomato base topped with vegan cheese.

Axle Jack Burger 1608 kcal

Juicy beef burger glazed in our

with candied bacon, melted

cheddar, lettuce, tomato and

burger sauce.

exclusive Axle Jack glaze, topped

**BBQ Buttermilk Chicken** 

and Bacon Burger 1149 keal

and smoky BBQ sauce.

Bacon 109 kcal

Cheese V 131 kcal

Onion Rings V 192 kcal

BBQ Pulled Pork 251 kcal

Frank's Hot Sauce 12 kcal

Mozzarella V 92 kcal

Chilli Jam 😈 116 kcal

Tender chicken breast marinated in

with bacon, lettuce, sliced beef tomato

buttermilk with a seasoned crumb, topped

**EXTRA BURGER TOPPINGS...** 

### Pepperoni 1210 kcal

Rich tomato base topped with grated 15.25 mozzarella and loads of pepperoni. • Half board supplement 2.00

### **BBQ Chicken and Bacon** 1438 kcal

BBQ base, topped with tender chicken and crispy bacon.

• Half board supplement

### **Double Axle Jack Burger** 2411 kcal

Two juicy beef burgers, glazed in our exclusive Axle Jack glaze, topped with candied bacon and melted cheddar, with crispy onion rings, lettuce, tomato and burger sauce. 18.00

• Half board supplement





### **Dirty Fries**

(reg 1,095 kcal / lrg 1,283 kcal) Crispy seasoned fries topped with caramelised onions, melted cheese, burger sauce and crispy onions.

### **Pulled Beef**

(reg 805 kcal / lrg 1,048 kcal) Crispy fries covered in melted cheese and topped with a rich pulled short rib beef gravy.

### **Fully Loaded**

(reg 905 kcal / lrg 1,148 kcal) Crispy fries covered in cheese sauce and bacon bits topped with sour cream and spring onions.

### Reg - £7.95 | Lrg - £9.95

### **Franks Red Hot**

(reg 905 kcal / lrg 1,148 kcal) Crispy fries with Cajun seasoning, mixed with cheese and Franks Hot Sauce, topped with sour cream, chillies and ialapeños

### Chilli

(reg 826 kcal / lrg 1,069 kcal) Crispy fries, topped with beef chilli, cheese, fresh chillies and jalapeños.

### **Chicken Katsu Curry**

(reg 706 kcal / lrg 950 kcal) Crispy seasoned fries topped with crispy chicken, katsu curry sauce and pickled red onion.

# **DESSERTS**

### Millionaire's Sundae V 814 kcal

A showpiece dessert of vanilla ice cream layered with shortbread, chocolate sauce, salted caramel, flaked chocolate and cream

6.85

### **Ice Cream**

3.95

### Salted Caramel Waffle V 772 kcgi

### Spiced Pineapple and Coconut Vo 544 kcal

This dish has been created by Mikey Clark, winner of Chef of The Year 2023. 6.65

### Chocolate Fudge Brownie V 690 kca

7.35

## Sticky Toffee Pudding Va 538 kcd

Red Velvet Sharing Sundae (Serves 2) 434 kcal per person

### Knickerbocker Sundae V 657 kcal

Vanilla ice cream layered with raspberry, strawberry, meringue and whipped cream, with a flake and a cherry on the top. A true classic! 7.35

