

BREAKFAST MENU



BREAKFAST

Get your day off to the perfect start with a classic cooked breakfast.

Traditional Breakfast 1,201 kcal

Two rashers of bacon, two sausages, a free-range egg, beans, mushrooms, fresh tomato, hash browns and toast. **10.50**



Vegetarian Breakfast 717 kcal

Two Quorn Best of British sausages, a free-range egg, fresh tomato, beans, mushrooms, hash browns and a choice of white or brown toast or fried bread. **7.90**

Small Breakfast 813 kcal

One rasher of bacon, one sausage, free-range egg, beans, hash brown and a choice of white or brown toast. **7.90**

LIGHTER OPTIONS

Prefer a lighter start to the day? We've got you covered!

Granola Pot 399 kcal

Fruit and yoghurt bowl topped with a crunchy granola. **5.50**

Cereals V

A bowl of your favourite cereal with your choice of semi skimmed or soya milk. **2.65**

Choose from:

Cornflakes V 127 kcal

Special K V 149 kcal

Crunchy Nut

Rice Krispies V 121 kcal

Cornflakes V 176 kcal

BAPS

Soft, fluffy rolls with your choice of delicious fillings.

Choose from:

Mushrooms 240 kcal | Hash brown 237 kcal

Fried egg 131 kcal | Bacon 173 kcal

Sausage 276 kcal | Vegan sausage 138 kcal

1 item	4.75
2 items	5.95
3 items	6.50
5 items	6.95

SMALLER APPETITES

Because not everyone fancies a full cooked breakfast first thing in the morning!

Sausage, Egg and Beans 348 kcal **4.75**

Bacon, Egg and Beans 273 kcal **4.75**

Beans On Toast V 545 kcal **3.30**

Toast and Jam Vg 419 kcal **2.40**

Toasted Teacake Vg 340 kcal **3.30**

Toasted Crumpet Vg 282 kcal **3.30**

SWEET TREATS

Who says you can't have sweet things at breakfast? Not us!

Pancake Stack with Maple Syrup V 385 kcal **5.80**

Pancake Stack with Fresh Fruit V 395 kcal **7.35**

Pancake Stack with Bacon and Maple Syrup 538 kcal **8.40**

Pancake Stack with Nutella V 465 kcal **5.70**

Sweet Waffle Breakfast V 666 kcal **7.90**

A warm Belgian waffle topped with back bacon, fried free-range egg and maple syrup.



Croissant and Jam V 277 kcal **3.30**

Pain au Chocolat V 208 kcal **3.30**

V Suitable for vegetarians

Vg Suitable for vegans



RED.B.F.C

Calories shown are per serving. Each dish is one serving unless otherwise stated. Adults need around 2000 kcal a day. Allergen menus are available on request. Please inform your server of any allergies or intolerances before you order. Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens. All menu items may contain ingredients not listed in the menu description. Weights are approximate and uncooked. Some meat/fish dishes may contain small bones. Menu items are subject to availability. All prices include VAT. All card and cash tips are shared out to all employees through a system controlled by a team representative. No monies are deducted by Away Resorts. Tips are paid on top of a team member's wage. If you have any queries about how tips are distributed, please ask.