

Sands BISTRO

NEW for 2024 Try our deliciously moreish and sticky glaze made with our very own Axle Jack gin. *Look out for the Axle Jack symbol* throughout our menus and tuck into an irresistible selection of iconic dishes featuring our special smoky and sweet glaze.



Red Tractor is an independent not-for-profit food and farm assurance scheme ensuring the food you choose is safe, traceable and farmed with care. By choosing food with the Red Tractor logo you can be sure that it has been produced in the UK to world-leading standards and is traceable back to farms. For more information, please go to redtractor.org.uk.

V Suitable for vegetarians **Vg Suitable for vegans** *Dishes from lunch section only. Small Pepsi Max, Diet Pepsi, lemonade and soda only. 175ml wines - Tempranillo, Viura and White Zinfandel. Calories shown are per serving. Each dish is one serving unless otherwise stated. Adults need around 2000 kcal a day. Allergen menus are available on request. Please inform your server of any allergies or intolerances before you order. Unfortunately, it is not possible to guarantee that any product is 100% free from any allergen due to the risk of cross contamination in our busy kitchens. All menu items may contain ingredients not listed in the menu description. Weights are approximate and uncooked. Some meat/fish dishes may contain small bones. Menu items are subject to availability. All prices include VAT. All card and cash tips are shared out to all employees through a system controlled by a team representative. No monies are deducted by Away Resorts. Tips are paid on top of a team member's wage. If you have any queries about how tips are distributed, please ask.

Adults need around 2000 kcal a day.

If you have a food allergy, intolerance or coeliac disease, please speak to a team member about the ingredients in your food and drink before you order. Thank you.



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STARTERS

Axle Jack Chicken Strips 382 kcal

Lightly coated, seasoned chicken fillet strips, tossed in our sweet and spicy Axle Jack glaze on a bed of dressed salad with pickled red onion and chillies.

8.05



Prawn Cocktail 531 kcal

Shredded lettuce topped with Atlantic prawns in a Marie Rose sauce, served with brown bread and lemon.

6.55

Garlic Bread 409 kcal

4.75

Cheesy Garlic Bread 617 kcal

5.25

Soup of the Day 513 kcal

Ask the team for today's flavour. Served with fresh bread.

5.25

Creamy Garlic Mushrooms 458 kcal

Rich and creamy garlic mushrooms served on a toasted ciabatta.

7.15

BBQ Wings 645 kcal

Sticky BBQ chicken wings with BBQ dip.

3 for **6.45** | 6 for **8.45**
516 kcal | 799 kcal

Spicy Wings

Spicy chicken wings covered in Frank's Xtra Hot Sauce.

3 for **6.45** | 6 for **8.45**
400 kcal | 684 kcal

SHARERS



Nachos 442 kcal

Smothered in guacamole, jalapeños, salsa, sour cream and cheese. Take it to the next level with pulled pork or Cajun chicken.

9.95

Add Pulled Pork 216 kcal **4.75** | Add Cajun Chicken 114 kcal **3.15**

Vegan Nachos 351 kcal

Smothered in guacamole, jalapeños, salsa and dairy free cheese.

9.95

SIDES

Skinny Fries 438 kcal

3.70

Chunky Chips 404 kcal

3.70

Onion Rings 382 kcal

3.70

Garlic Bread 409 kcal

4.75

Cheesy Garlic Bread 617 kcal

5.25

Mixed Leaf Salad 50 kcal

4.75

SANDWICHES & WRAPS

MEAL DEAL **12.00**

Any sandwich or wrap, plus chips and your choice of 175ml of wine, bottle of Peroni or soft drink.

Southern Fried Chicken Wrap 778 kcal

Lightly coated, seasoned chicken fillet strips, crunchy lettuce and mayo, all wrapped in a soft tortilla.

9.45

BBQ Pulled Pork Ciabatta 738 kcal

A fresh ciabatta bursting with tender BBQ pulled pork, melted cheese and coleslaw.

8.95

Triple Cheese Toastie 593 kcal

A delicious trio of melted cheese.

7.00

Cheese and Ham Toastie 643 kcal

The classic toastie, combining melted cheese and tender ham.

7.90

Falafel Wrap 391 kcal

Falafel wrap with guacamole, salsa, served with dressed salad.

9.00

Tuna Melt 688 kcal

Tuna mixed with red onion, peppers and mayonnaise, topped with cheese on a toasted ciabatta.

9.00

Add chips 405 kcal for only **1.60**

BURGERS

All served with chunky chips.

The Cock 'n' Bull Burger 1748 kcal

Chargrilled chicken breast and juicy beef burger sandwiched between crispy bacon and topped with melted cheddar cheese, BBQ sauce, onion rings, lettuce, beef tomato and burger sauce.



17.30

Inferno Burger 1494 kcal

Spicy and delicious! Chargrilled beefburger topped with melted mozzarella cheese, chilli jam, jalapeños, chillies, lettuce, beef tomato and burger sauce.

14.20

Classic Cheeseburger 1394 kcal

Chargrilled beef burger topped with melted cheddar cheese, lettuce, beef tomato and burger sauce.

13.65

House Burger 1197 kcal

A juicy beef burger with crispy lettuce, sliced beef tomato and burger sauce.

12.60

Chick'n Burger 1294 kcal

A fried vegan chick'n burger served with garlic mayo, lettuce tomato and BBQ sauce.

13.75

MAINS

Hunters Chicken Stack 1143 kcal

Succulent chicken breast and crispy bacon, covered in melted cheddar cheese and BBQ sauce, served with chips and coleslaw.

14.20

Crispy Chicken Strips 1001 kcal

Tender chicken strips served with fries, coleslaw and honey BBQ and sweet chilli dips.

14.20

Sausage and Mash 953 kcal

Three Lincolnshire sausages served with creamy mashed potato, seasonal vegetables and gravy.

9.95

Quorn Sausages also available

Rump Steak 842 kcal

Prime 8oz rump steak, grilled to perfection, served with chunky chips, grilled tomato, and mushroom.

17.55

Add Peppercorn Sauce 46 kcal

3.15

Add Axle Jack Glaze 84 kcal

3.15

Caesar Salad 714 kcal

Crispy little gem lettuce, tomato and rustic garlic croutons, drizzled in a delicious Caesar dressing and topped with Italian cheese shavings.

9.95

Add Sliced Chicken Breast 259 kcal

3.15

Add Vegan Fried Chick'n 181 kcal

3.30

Balti Pie 932 kcal

Cauliflower and spinach Balti pie with chunky chips, vegetables and gravy.

11.35

Cajun Chicken Fajitas 1104 kcal

Marinated chargrilled chicken, on a bed of sizzling onions and peppers. Served with a selection of dips and soft tortillas to wrap everything up!

15.25



Fish and Chips 1001 kcal

Hand-battered fish, chunky chips, tartare sauce and peas.

15.25

Add Bread and Butter 281 kcal

1.00

Add Curry Sauce 53 kcal

1.00

PIZZAS

Margherita 1159 kcal

Rich tomato base topped with grated mozzarella.

13.65

Vegan Margherita 925 kcal

Rich tomato base topped with vegan cheese.

13.65

Pepperoni 1210 kcal

Rich tomato base topped with grated mozzarella and loads of pepperoni.

15.25

BBQ Chicken and Bacon 1438 kcal

BBQ base, topped with tender chicken and crispy bacon.

15.25

Axle Jack Burger 1608 kcal

Juicy beef burger glazed in our exclusive Axle Jack glaze, topped with candied bacon, melted cheddar, lettuce, tomato and burger sauce.

14.75

Double Axle Jack Burger 2411 kcal

Two juicy beef burgers, glazed in our exclusive Axle Jack glaze, topped with candied bacon and melted cheddar, with crispy onion rings, lettuce, tomato and burger sauce.

18.00



Double Axle Jack Burger

BBQ Buttermilk Chicken and Bacon Burger 1149 kcal

Tender chicken breast marinated in buttermilk with a seasoned crumb, topped with bacon, lettuce, sliced beef tomato and smoky BBQ sauce.

14.20

EXTRA BURGER TOPPINGS...

Bacon 109 kcal **1.60**

Cheese 131 kcal **1.60**

Onion Rings 192 kcal **1.60**

BBQ Pulled Pork 251 kcal **4.75**

Mozzarella 92 kcal **1.60**

Chilli Jam 116 kcal **1.60**

Frank's Hot Sauce 12 kcal **1.60**



Reg - **£7.95** | Lrg - **£9.95**

Dirty Fries (reg 1,095 kcal / lrg 1,283 kcal)

Crispy seasoned fries topped with caramelised onions, melted cheese, burger sauce and crispy onions.

Pulled Beef (reg 805 kcal / lrg 1,048 kcal)

Crispy fries covered in melted cheese and topped with a rich pulled short rib beef gravy.

Fully Loaded (reg 905 kcal / lrg 1,148 kcal)

Crispy fries covered in cheese sauce and bacon bits topped with sour cream and spring onions.

Franks Red Hot (reg 905 kcal / lrg 1,148 kcal)

Crispy fries with Cajun seasoning, mixed with cheese and Franks Hot Sauce, topped with sour cream, chillies and jalapeños.

Chilli (reg 828 kcal / lrg 1,069 kcal)

Crispy fries, topped with beef chilli, cheese, fresh chillies and jalapeños.

Chicken Katsu Curry (reg 708 kcal / lrg 950 kcal)

Crispy seasoned fries topped with crispy chicken, katsu curry sauce and pickled red onion.

DESSERTS

Millionaire's Sundae 814 kcal

A showpiece dessert of vanilla ice cream layered with shortbread, chocolate sauce, salted caramel, flaked chocolate and cream.

6.85

Ice Cream

Choose 3 scoops of Vanilla 338 kcal or Chocolate 408 kcal ice cream

3.95

Salted Caramel Waffle 772 kcal

A caramelised, toasted Belgian waffle with vanilla ice cream, salted caramel sauce, biscuit crumb and a sugar cone.

7.35

Spiced Pineapple and Coconut 544 kcal

Spiced pineapple compote with coconut biscuit and lemon sorbet. *This dish has been created by Mikey Clark, winner of Chef of The Year 2023.*

6.65

Chocolate Fudge Brownie 690 kcal

Goey chocolate brownie with a delicious melt-in-the-middle centre, served with vanilla ice cream.

7.35

Sticky Toffee Pudding 538 kcal

Warm sponge drenched in toffee sauce, served with dairy free ice cream.

6.55

Red Velvet Sharing Sundae (Serves 2) 434 kcal per person

This showstopper of a dessert is made up with red velvet cake, ice cream, meringue, raspberry and strawberry sauces, whipping cream, chocolate flake, cherries and sprinkles.

9.95

Knickerbocker Sundae 657 kcal

Vanilla ice cream layered with raspberry, strawberry, meringue and whipped cream, with a flake and a cherry on the top. A true classic!



7.35

